

KNOWLAN'S
FRESH FOODS

Proudly Serving the Community
Since 1905



USDA
Fresh
85% Lean
Ground Round

SAVE
\$1.30 lb

3.99
LB



Fresh
Bone-In
Pork Sirloin
Roast or
Country Style
Spare Ribs

1.99
LB



USDA Choice
Premium
Boneless
Carving
Rump Roast

PLU #532

BUY ONE PACKAGE
GET ONE PACKAGE
FREE

OF EQUAL OR LESSER VALUE

with coupon. Limit one offer per coupon and one coupon per family.
Valid 9/20/17 - 9/26/17.

PRODUCE PICKS



Local
Premium
Honeycrisp
Apples

2.77
LB



Local
Russet or
Red Potatoes
5 lb Bag

1.99

BAKERY BITES



While
Supplies
Last

Fresh Bakery
Apple or
Pumpkin
Donut Holes
20 count

2.99



SAVE
up to
\$1.50

Fresh Bakery
Cinnamon
Rolls
6 count
Selected Varieties

2.99

OUR KITCHEN



SAVE
\$3 lb



Fresh Sliced
Chicken Breast
Oven Roasted, Buffalo
or Herb & Garlic

5.99
LB



SAVE
\$1 lb

Our Own
Italian
Rotini Salad

3.99
LB

EVERYDAY GROCERY VALUES



Kraft
Original
Macaroni
& Cheese
7.25 oz

\$1



Crystal Farms
Chunk or
Shredded
Cheese
6-8 oz
Selected Varieties

1.99



Kitchen Basics
Chicken
Cooking Stock
32 oz
Original or Unsalted

2/\$5



Simply Potatoes
Cut
Potatoes
20 oz
Selected Varieties

1.99



Old Dutch
Family Pack
Potato Chips
9.5-10 oz
Selected Varieties

2/\$4



Lean Cuisine
Entrée
6-11.5 oz
Selected Varieties

4/\$10