

KNOWLAN'S

FRESH FOODS

knowlansfreshfoods.com

Proudly Serving the Community
Since 1905



Premium Boneless Skinless Chicken Breasts

SAVE \$1 lb

3.99 LB



USDA Premium Fresh 80% Lean Ground Chuck

3.49 LB



USDA Choice Premium Boneless Top Sirloin or Bone-In Kansas City Strip Steak

SAVE up to \$5 lb

7.99 LB

PRODUCE PICKS



Celebration Red Grapes

2.99 LB



Tastebuds Sweet Corn 4 pack

3.99

BAKERY BITES



Fresh Bakery Chocolate Chip Cookies 10 count

SAVE \$1

3.99



Fresh Bakery Apple Turnovers 4 count

SAVE \$1.70

2.99

OUR KITCHEN



Fresh Sliced Off The Bone Turkey Breast Pan Roasted or Honey

SAVE \$2 lb

6.99 LB



Our Own Creamy Pasta Salad with Cranberries, Almonds and Roasted Chicken

7.29 LB

EVERYDAY GROCERY VALUES



Kemps Sour Cream 16 oz Tub or 12 oz Easy Squeeze Selected Varieties

1.69



Essential Everyday Dry Roasted Peanuts 16 oz Selected Varieties

1.99



Tropicana Pure Premium or Trop50 Juice 59 oz Selected Varieties

3.69

Brew Pub Lotzza Motzza Pizza 12 inch, Selected Varieties

BUY ONE GET ONE FREE

with coupon. Limit one offer per coupon and one coupon per family. Valid 6/20/18-6/26/18.

SAVE \$10.99



PLU #506



Chobani Greek Yogurt 5.3 oz Selected Varieties

\$1

Coke Products 12/12 oz Cans or 8/12 oz Bottles Selected Varieties

3/9.99

Must buy 3 with coupon. Limit one offer per coupon and one coupon per family. Valid 6/20/18-6/26/18.



PLU #505