

KNOWLAN'S

FRESH FOODS

knowlansfreshfoods.com

Proudly Serving the Community
Since 1905



Smithfield
Fresh, All Natural
Bone-In
Pork Country
Style Ribs
or Shoulder
Roast **2.49**
LB

SAVE
up to
\$1.50 lb



USDA
Premium
Fresh
Black Angus
93% Lean
Ground
Beef **5.99**
LB



SMART CHICKEN
Fresh
Air-Chilled
Boneless
Skinless
Chicken
Breast **5.99**
LB

SAVE
\$2.30 lb



BLACK STAR ANGUS
USDA Choice
Premium
Boneless
Rib Eye
Steak **14.99**
LB

SAVE
\$5 lb

PRODUCE PICKS



Fresh
Raspberries
or
Blackberries **2.99**
6 oz



local flavor
USDA ORGANIC
Organic Superior Fresh
Greens **3.99**
4 oz Clamshell
Selected Varieties

BUY ONE GET ONE
FREE
NO COUPON NECESSARY

BAKERY BITES



Fresh Bakery
Apple
Turnovers **3.99**
4 count

SAVE
\$1



Fresh Bakery
Chocolate
Chip
Cookies **4.99**
10 count

SAVE
\$1

OUR KITCHEN



Our Own
Ham & Cheddar
Club Salad **7.29**
LB



Ready to Heat & Serve
Our Own
Boneless Flavored
Chicken Wings **7.99**
Selected Varieties LB

SAVE
\$1 lb

EVERYDAY GROCERY VALUES



Manwich
Sloppy Joe
Sauce **4/\$5**
15-16 oz
Selected Varieties



Brew Pub
Lotzza Motzza
Pizza **5.99**
12 inch
Selected Varieties



La Banderita
Soft Taco
Flour Tortillas **2/\$4**
10 count



Kraft Natural
Shredded
or Chunk
Cheese **2/\$6**
8 oz, Selected Varieties



Hostess
Donettes **2/\$5**
10.5-11.25 oz
Selected Varieties



Kebleer
Club or
Town House
Crackers **2/\$7**
7.1-13.8 oz, Selected Varieties

Maplewood 2720 Stillwater Rd. at Hwy. 120 • 651.739.9055
South St. Paul 225 13th Ave. S. in Southview Center • 651.455.9332
Store Hours 7 am - 9 pm Daily • Prices good Wed., May 11 - Tues., May 17, 2022

We reserve the right to limit quantities. We are not responsible for typographical or pictorial errors. While supplies last.