

KNOWLAN'S

FRESH FOODS

Quality, Variety
and Value!



Crystal Farms
All Natural
Shredded
or Chunk
Cheese
5.5-8 oz
Selected Varieties

2/\$5



Gold'n
Plump
Fresh
Boneless
Skinless
Chicken
Breasts

3⁹⁹
lb

Our Own Fresh
Chicken
Bacon & Swiss
or 85% Lean
Ground Beef
Patties
Selected Varieties

2⁹⁹



USDA
Premium
Fresh
Black Angus
85% Lean
Ground
Round
4⁹⁹
lb



Fresh
Strawberries
16 oz
2⁹⁹



Fresh
93% Lean
Ground
Turkey
16 oz
Selected Varieties
4⁹⁹



Black
Label
Bacon
12-16 oz
Selected Varieties
5⁹⁹



Frito Lay
Lay's
Potato Chips
5-8 oz, Original or Kettle Cooked or
Rold Gold
Pretzels
16 oz, Selected Varieties
2/\$6



Fresh Sliced
Virginia or
Honey Ham
5⁹⁹
lb



USDA Choice
Premium
Boneless
Chuck Roast
or Center Cut
Chuck Steak
6⁹⁹
lb



Fresh Bakery
Donut
Holes
20 count
Selected Varieties
2⁹⁹



Oscar
Mayer
Lunchables
3.2-4.4
Selected Varieties
\$1



Essential Everyday
Awesome Strength
Paper Towels
8 Rolls or
Soft & Strong
Toilet Paper
12 Double Rolls
6⁴⁹

