

KNOWLAN'S

FRESH FOODS

Great Tasting

Meals at Home



Chobani Greek Yogurt

5.3 oz Selected Varieties

\$ 1



USDA Choice Premium Boneless Chuck Roast

Fresh Cut In-Store!

5.99 lb

Fresh All Natural Bone-In Center Cut, Porterhouse Thick Cut or Seasoned Rib Cut Pork Chops or Roast

4.99 lb



Fresh Cut In-Store!



USDA Premium Fresh Black Angus 85% Lean Ground Round

5.49 lb

Fresh Ground In-Store!



Land O Lakes Butter

1 lb Sticks or Half Sticks Selected Varieties

4.99



local flavor

Kraft Natural Shredded or Chunk Cheese

8 oz Selected Varieties

2/\$5



USDA Choice Premium T-Bone Steak

10.99 lb



Fresh Cut In-Store!



PORTERHOUSE STEAK

11.99 lb

Sweetango

Local Apples

2.99 lb



Florida's Natural Juice

52 oz Selected Varieties

3.99



Frito Lay Doritos 9.25 oz or Sunchips 7 oz Selected Varieties

2/\$7



Sliced Hard Salami or Pepperoni

6.99 lb



Fresh Bakery Turnovers

4 count Selected Varieties

4.99



Kemps Simply Crafted Premium Ice Cream 1.5 quart, Selected Varieties

4.99



local flavor