

KNOWLAN'S

FRESH FOODS

Where Quality, Variety,
and Value Meet!



Pepsi Products

6/16.9 oz Bottles
Selected Varieties

3⁹⁹

with Knowlan's Fresh
Foods Shopper's Club
4.99 without Club



USDA
**Premium
Fresh
Black Angus
93% Lean
Ground Beef**

Fresh
Ground
In-Store!

7⁹⁹
lb



USA Prime
Fresh, All Natural
**Boneless
Pork
Tenderloin**

**BUY ONE GET ONE
FREE**
OF EQUAL OR LESSER VALUE
NO COUPON NECESSARY

LOCAL POSTAL
CUSTOMER

PRSR STD
ECRWSS
U.S. POSTAGE
PAID
EDDM Retail



**Smithfield.
Hickory Bacon
or Hometown
Breakfast
Sausage**

12 oz, Selected Varieties

3⁹⁹



Yoplait
**Original, Light
or Whips!
Yogurt**

4-6 oz
Selected Varieties

69¢



Kraft
**Natural
Shredded
or Chunk
Cheese**

7-8 oz, Selected Varieties

2⁹⁹



**Boneless
Skinless
Chicken
Breasts**

5⁹⁹
lb



BREAST TENDERS

6.49 lb



**Local
Athena
Melon**

3⁹⁹



Pep's Drafthaus
Pizza

24.9-28.8 oz
Selected Varieties

**BUY ONE GET ONE
FREE**
NO COUPON NECESSARY



USDA Choice
**Premium
Boneless
New York
Strip Steak**

14⁹⁹
lb



Fresh
Cut
In-Store!



Little Debbie
**Big Pack
Snacks**
or Sunbelt
Granola Bars
6-15 count, Selected Varieties

3⁹⁹



Stone Ridge
Creamery
Ice Cream

48 oz
Selected Varieties

3⁹⁹



Fresh Sliced
**Off The
Bone
Ham**

Honey or Smoked

7⁹⁹
lb

